

APPENDIX 3 FIGURE 3A  
SALIVETTE INSTRUCTIONS FOR USE

COLLECTION OF SALIVA

1. The cylindrical shaped swab (b) is removed from the insert (c) and placed in the mouth.

2. The swab is chewed for 30 to 45 seconds or until one can no longer prevent swallowing the saliva produced.

If the swab can not be chewed, it can be placed under the tongue for 30 to 45 seconds.

3. After the above procedure is complete, the swab is returned to the insert and the Salivette firmly closed with the stopper (a).

Storage conditions are dependent upon specimen use and have not been established.

RECOVERY OF SALIVA

4. The Salivette is centrifuged for two minutes at 1000 x G. Higher G forces result in only slightly higher yields of saliva.

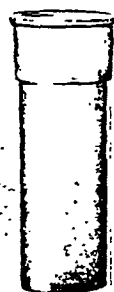
During centrifugation, the saliva will pass from the cylindrical shaped swab through the hole in the bottom of the suspended tube into the clear centrifuge tube. Mucous strands and particles will be caught in the conical tip of the centrifuge tube allowing easy decanting of the clear saliva.



STOPPER (a)



SWAB (b):



INSERT (c)



CENTRIFUGE  
TUBE (d)

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**APPENDIX 3 FIGURE 3B**

**YOU HAVE BEEN ASKED TO PROVIDE A SALIVA SAMPLE: IT'S EASY!  
CAREFULLY READ AND FOLLOW THE STEPS BELOW.**

1. Hold the vial in an upright position (cap at the top);
2. Remove the cap and hold the vial to your lips. (Do not touch the cotton pad with your fingers!).
3. Tilt the vial so that the cotton pad slides into your mouth.
4. Chew the cotton pad vigorously for a minute or two until the pad is completely saturated.
5. Place the vial to your lips and allow the cotton pad to slide back into the vial. DO NOT SPIT INTO THE VIAL and DO NOT USE YOUR FINGERS. If you need to, use your tongue to guide the pad back into the vial.
6. Put the cap back on the vial.

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